



ATHLETICS & RUNNING CLUB

Step Challenge

Ok everyone...get on the walking/running shoes and get steppin! Our first step challenge begins May 1 and runs until the end of May.

The rules are very simple...post a screenshot of your tracking app or a picture of your device under the daily post on our Athletics & Running Club Facebook page and the steps will be counted.*

A 7-day leaderboard will be posted on days 8, 16, 24 and 28 as well as a final three-day countdown.

At the end, the one with the most steps wins a \$25 gift card (TBA).

Join our Facebook page at:

<https://www.facebook.com/groups/SWARC/>

and join the fun!

*PLEASE be sure to post by the end of each week and remember to observe social distances

